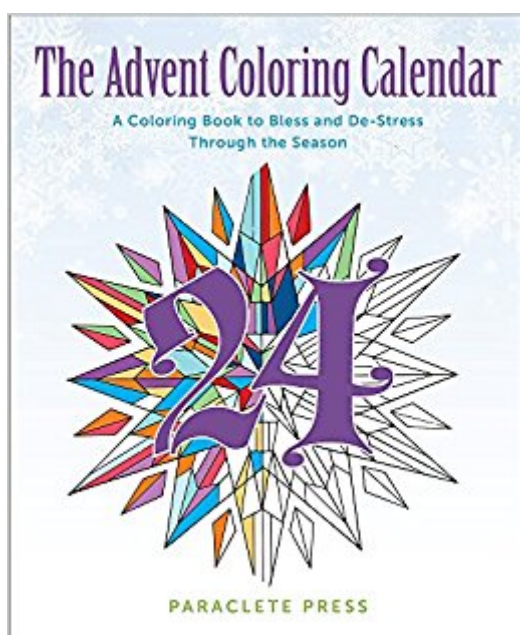




The book was found

The Advent Coloring Calendar: A Coloring Book To Bless And De-Stress Through The Season



Synopsis

This fall, adults of all ages everywhere who feel stressed and unfocused are quieting their minds and souls by putting away the smart phones and tablets and picking up pencils, markers and crayons to color. At home, in waiting rooms, in churches, on road trips - coloring books for adults are becoming more and more popular. These coloring books for adults from Paraclete are not only a simple path to making something beautiful, it has a spiritual element as well. For anyone looking for some relief from the stress of the season, and for a fun and artistic new activity to count the days until Christmas, this *Advent Coloring Calendar* will provide a daily dose of peace and focus. Create something beautiful by coloring a pattern for each of the 24 days before Christmas, and then enjoy the Christmas story from the Bible while creating more lovely and seasonal art.

"Sometimes coloring is just coloring. To put crayons to paper and create a rainbow of marks and swaths is relaxing, playful, and maybe even artistically satisfying. But sometimes coloring is more. To put colored crayons, markers, or pencils to paper is to create a pathway to the numinous. Coloring invites the body and the senses into an experience of inner stillness. While the hand moves, the mind and the body slow down. The heart and the ears open carving a space for rich silence and an opportunity for God to speak." *Sybil MacBeth, author of Praying in Color: Drawing a New Path to God*

Book Information

Calendar: 64 pages

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Drawing > Coloring Books for Grown-Ups > Religious & Inspirational

Customer Reviews

Was really hoping for more. Essentially it's just numbers (days) with some design around them and one verse for each day. I was thinking that maybe there would be more than just one verse per day

and more about the advent. The numbers representing each day, really take away from the design on each coloring page. It is also a smaller coloring book. I might send mine back.

Great coloring opportunity. Very pleasant to color by candlelight during this season

Very pretty designs, but disappointed it is only the number of that day on a design. Was hoping for something more Christmasy.

Not impressed. Who wants to color a number with doodles around it? I ordered three different ones in the series, and may send all three back. I thought at least the art would have something to do with the scripture for the day. Not.

The most nerve-wracking time of the year with the hurlyburly, hustle & bustle of the holiday season. We are busied by shopping, baking, Christmas parties, concerts and events. Great stuff but we are a harried people. This Advent, Paraclete Press offers the Advent Coloring Calendar as a daily coloring book to 'bless and de-stress through the season.' The calendar is available *À la carte* or paired with music *À la carte* • with Beloved Carols or with Gregorian Chant. There is a coloring sheet for each day of December leading up to Christmas and six coloring sheets for the Christmas season. Each daily design has a number for the corresponding day and a design. Paired with the coloring sheet is a verse or inspirational quote related to the season. This is marketed as an adult coloring book and is a great way to slow yourself down to enter to the sacred season. On the other hand, the coloring sheets are not so ornate that children and youth can't enjoy them as well. I think it is a wonderful way for youth and children to engage in Advent together. What about the music? As I said, the book is available with one of two companion CDs, both performed by *Gloria Dei Cantores* under the direction of Elizabeth Patterson. The first option is called *Keeping Christmas: Beloved Christmas Carols and the Christmas story*. The second option, is entitled *The Coming of Christ* and contains performances of Gregorian chant and pipe organ works of composers Alexander Guilmant and Charles-Marie Widor. *Keeping Christmas* (2010) is like listening in on a Lessons and Carols service. *Gloria Dei Cantores* performs carols and Christmas anthems. Interspersed are readings from Matthew's gospel. Many of these carols are familiar, old favorites, though a number are new to me. *The Coming of Christ* (2002), combines Gregorian chant and organ music. The familiarity of the first CD the English lyrics and the format of readings and songs makes it a more engaging presentation; however the Gregorian chant and organ is beautiful,

especially as background music. The chants are in Latin (translated in the linear notes). Both CDs are meditative. If I had to choose between the two CDs, I think the Coming of Christ is pretty incredible. If you are looking for something to do through December for Advent, this is a really fun option. Note: I received a copy of the Advent Coloring Calendar and companion CDs in exchange for my honest review.

I love the simplicity of these designs and the brief meditative words. As a busy mom this is perfect for me. I can complete the page each day because it is simple and meditate on the verse or prayer and carry it with me through the day. This would also be great to use as a family...put the book out on the kitchen table with pencils or markers and everyone can color some of the design for the day and count down to Christmas. I think that is what I will do.

If reading one more thing feels like too much in Advent, here is another option. The Advent Coloring Calendar features coloring pages for the 24 days of Advent, each with a brief word of seasonally appropriate scripture, as well as images for Christmas Day and several more that incorporate familiar carol verses. The book is available for single purchase but also comes packaged with two different recordings: Keeping Christmas: Beloved Carols and the Christmas Story (which includes scripture readings and features a traditional choir with organ) or The Coming of Christ: Gregorian Chant (less my cup of tea, but helpful for being less likely to cause me to get lost in singing along). If you are a longtime devotee of Praying in Color, you'll appreciate the quote from Sybil Macbeth, reminding us that coloring causes the "mind and the body to slow down." Or maybe you are new to the idea of adult coloring books, which you will find for sale this year everywhere from Barnes & Noble to Urban Outfitters. While I always encouraged my children to color outside the lines, I find coloring inside them to be pleasing, relaxing, even comforting. Think of coloring as a mini-Advent retreat in a season when we are far too likely to be goal-oriented, whether it's finding that iWatch or writing that sermon. I received a copy of the book and both CDs from Paraclete Press in exchange for an honest review.

What a great idea to color your way into the Christmas season! It's so enjoyable to have a fun, interactive way to count the days until Christmas with coloring. This is a calming activity for the whole family as you prepare for Christmas. You can just leave it out on the kitchen counter and the whole family can participate! Great idea! Love it!

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